# THE FOREST <br>  <br> <br> BAR \& KITCHEN 

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## STARTERS

## GAME TERRINE

£ 7.95
Served with red onion chutney and sourdough croutons
TEMPURASQUID
£ 8.95
Served with roasted garlic aioli and house salad
SOUP OF THE DAY
£ 4.95
Homemade sourdough and salted butter (v) Ask for (ve)

## 10"S O U R D O U G H P I Z Z A S

MARGHERITA
Mozzarella, tomato, basil, fresh herbs
PEPPERONI
Mozzarella, tomato, pepperoni, fresh herbs
FORESTMUSHROOM
Mozzarella, mushrooms, confit garlic
a white stottie
BBQCHICKEN
Mozzarella, BBQ chicken breast and sweetcorn
AFFETTATI
Mozzarella, parma ham, parmesan, rocket and balsamic

## MAINS

PAN ROASTEDCOLEY
£1 6.95
Spicey Coley with Aubergine puree, crushed potatoes, and green olive dressing

## derIRST \& LAST FISH \& CHIPS <br> £ 15.95

Tartar sauce and mushy peas

8oz SIRLOIN STEAK
£2 4.95
Served with triple cooked chips, roasted tomatoes, field mushroom, watercress salad and green peppercorn sauce

BACON DOUBLE CHEESEBURGER £14.95 Cheddar cheese, sliced gherkin, lettuce, tomato, American mustard, ketchup, skin on fries and slaw

MOVING MOUNTAINS BURGER £ 12.95
Mushroom and beetroot patty, vegan cheese, sliced gherkin, American mustard, ketchup, skin on fries

MASSAMANCURRY
£15.95
Beef $\&$ potato in a massaman curry sauce served with a cup of white rice naan bread and sweet mango chutney

PANFRIED MUSHROOMS
Served in a rich garlic and cream sauce, fresh thyme, diced tomatoes, on toasted sourdough
MOZZARELLASALAD
£ 6.95
Salad of tomatoes, sliced mozzarella, balsamic dressing and micro basil (v)

GARLIC BREAD
£ 4.50/ £6. 50
Sourdough base with or without cheese
MEATBALL £10
Mozzarella, Italian herbs and meatballs SUMMER VEG
Mozzarella, tomato. Cougettes, onions and peppers
H A W A II A N
£10
Mozzarella, ham and pineapple
CHICKEN KIEV
£10

Mozzarella, garlic butter, chicken breast and red onion

Like it hot? Please ask your server to add jalapenos or Habanero sauce £1.00

FIRST\&LASTBANANABLOSSOM £ 11.95
Banana blossom with tartar sauce, mushy peas and triple cooked chips (ve)

STEAK \& ALEPIE
£ 13.95
With mashed potatoes, seasonal greens and a rich gravy

PORKLOIN
£ 12.95
With buttered mashed potatoes, green beans and a wild mushroom cream

THAI YELLOW CURRY
£ 12.95
With roasted cauliflower, green beans and sugar snap peas, soft white rice, naan bread and sweet mango chutney
£ 3.00
GARDEN PEAS
CHIP SHOP CURRY SAUCE
BREAD \& BUTTER
£ 2.00
£2.00
£ 2.00

MUSHY PEAS
£ 2.00
£ 2.00
GRAVY
CHUNKY CHIPS
£ 3.00

## EVENING DESSERTS

STICKY TOFFEE PUDDING ..... £ 6.95Choose between real custard or dairy ice cream
ETON MESS£ 6.95
DOUBLE CHOCOLATE BROWNIE ..... £ 6.95
Dark chocolate brownie, white chocolate chunks, salted caramel ice cream
CHOCOLATE\&HAZELNUTTORTE£ 6.95
Salted caramel ice cream
LEMON TART ..... £ 6.95VEGAN CHOCOLATE FUDGECAKE£ 6.95
Vegan salted caramel ice cream

## LAKES'ICE CREAM

## BLACKCURRANT AND CREAM

Keeping it uncomplicated! Our dairy ice cream made with local milk and local double cream, marbled with blackcurrants and a tangy blackcurrant sauce. No need for added colour or flavourings!

RUM \& RAISIN
Our dairy ice cream made with fresh milk and double cream and infused with the best rum that we can find! We then add plumb, sweet Californian raisins to complete this traditional favourite!

## SALTED CARAMEL

Our rich dairy ice cream mixed with both sweet and salty flavours, a true match made in heaven

DOUBLE JERSEY
Simply made with fresh whole milk, Jersey Double cream and butter. No flavouring, colourings, just a deeply creamy ice cream.

DEATH BY CHOCOLATE
£ 2.00
our creamy dairy ice cream prepared with cocoa powder and swirled with a rich dark chocolate sauce

CHERRY RUSH
£ 2.00
Our creamy dairy ice cream swirled with the sweet and sour flavour of juice cherries, a fresh and real fruit delight on the palate

THUNDER \& LIGHTNING
£ 2.00
This is our top selling product after Double Jersey. Cinder toffee and chocolate sauce!

## APPLE CRUMBLE

£ 2.00
A take on a traditional favourite English pudding. Bramley apple puree which swirled through our creamy d airy ice cream and finished with heaps of oat crumble!

CRUSHED STRAWBERRY
£2. 00
Made with our creamy dairy ice cream using fresh milk,
cream and mixed with real strawberry juice for an intense fruity flavour, finished off with swirls of crushed strawberries

WHITE CHOCOLATE \& RASPBERRY E2.00 Our creamy dairy ice cream mixed with small sweet flakes of white chocolate and swirled with intensely fresh raspberry sauce
*flavours a subject to change
HOT DRINKS

| ESPRESSO | $£ 2.10$ |
| :--- | :--- |
| HOTCHOCOLATE | $£ 3.50$ |
| FLAT WHITE | $£ 2.95$ |
| MOCHA | $£ 3.00$ |
| ENGLISHTEA | $£ 2.35$ |

AMERICANO£2. 75
LATTE ..... £2. 95
CAPPUCCINO ..... £ 2.95£ 1.00
TEAPIGS TEA TEMPLE£ 2.75

## ALLERGY ADVICE

All dishes are prepared in a kitchen where gluten, milk and other allergens are present. Menu descriptions do not show all ingredients so please ask your server before you order if you have an intolerance or allergy $(\mathrm{gf})=$ no gluten ingredients $(\mathrm{v})=$ vegetarian $(\mathrm{ve})=$ vegan

