

THE FOREST



BAR & KITCHEN

Welcome to The Forest Bar and Kitchen where we hope to tickle your taste buds, serve up your favourite dish, or tempt you with a delicious pudding, coffee or an ice cream while you relax in the comfortable surroundings of The Forest Bar and Kitchen. If you can't find what you're looking for just let us know and we will do our best to help.

To Start	Price
Our home-made flat bread served with sun blushed green and black olives accompanied with a rich and creamy hummus(V)	5.25
Bruschetta with fresh tomato, onion, and coriander served on toasted bread with a drizzle of sweet balsamic glaze (V)	5.75
Our chef's soup of the day with a crusty roll and salted butter	4.75
Skins deep fried and served with sour cream, sweet chilli, or BBQ sauce(V)	4.95
Perfect for the cheese lover, our deep-fried brie with chilli jam (V)	5.75
Garlic Mushrooms in a rich garlic butter served on a brioche toast (V)	6.95
Everyone's favourite Indian starter selection featuring Pakoras, onion bhajis and samosas with a cool mint yoghurt dressing(V)	5.75

Allergy Advice

All dishes are prepared in a kitchen where gluten, milk and other allergens are present. Menu descriptions do not show all ingredients, so please speak to a member of staff before you order if you have an intolerance or allergy. (GF)= No gluten ingredients(V)= Vegetarian (VE)= Vegan

The Main Event	Price
Hand carved roasted ham, egg sunny side up, chunky chips and a rich and crunchy piccalilli (GF)	10.95
Steak and ale pie served with a rich mash, lashings of gravy and 'good for you' greens	12.95
Wholetail Whitby scampi and chips served with garden peas and rich tartare sauce	12.30
Classic 6oz beef burger served with chips and salad	10.95
Traditional corned beef and potato pie, chunky chips, greens and gravy	10.85
Chilli con carne topped with sour cream, chives and a cup of soft white rice	10.95
Three bean chilli topped with sour cream, chives and a cup of soft white rice (V)	9.95
Rich and creamy chicken, bacon and mushroom pie served with a rich mash, lashings of gravy and 'good for you' greens	12.95
Classic chicken tikka masala with a cup of soft white rice, naan bread, mini poppadum's, and sweet mango chutney	12.95
Salmon fillet salad with sweet chilli drizzle (GF)	12.95
Supreme of chicken breast in a bacon and wholegrain mustard sauce with rice and 'good for you' greens (GF)	11.95
Penang curry, aromatic coconut sauce with cauliflower, mange tout, green beans, and crunchy peppers with soft white rice, mini onion bhaji, naan bread, and coriander (VE)	10.95
Beer battered cod and chips served with mushy peas and tartare sauce	12.95
Cumberland sausage served with our version of colcannon mash, garden peas and a rich gravy for the true traditionalist	10.95

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Pizza - Handmade Sourdough		price
Margherita		
Mozzarella, basil, fresh oregano		
Pepperoni	10"	
Mozzarella, pepperoni, Italian herbs	Sourdough	10.40
	Half	5.20
	Ciabatta	
Forest mushroom		
Mozzarella, mushrooms, confit garlic		
Meatballs		
Mozzarella, meatballs, Italian herbs		
Summer vegetable		
Mozzarella, Tomato, courgette, onions, peppers		
Hawaiian		
Mozzarella, ham, pineapple		
BBQ Chicken		
Mozzarella, BBQ chicken breast, sweetcorn		

For the little ones	Price
Burger and Chips	6.50
Cod Fish Fingers and chips	5.95
Meat Ball Pasta	6.00
Simple Tomato Pasta	5.95
Chicken curry with rice or chips	5.95
Scampi with chips	5.95

Choice of Beans, Peas or Greens with all meals plus half portions from main menu available

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Sandwich Menu	Price
Tuna Mayonnaise and sweetcorn	5.95
Cheese and Pickle	4.95
Egg Mayonnaise	5.95
Fish finger sandwich with tartare sauce and iceberg lettuce	6.95

Sides	Price
Skin on fries (GF)	3.00
Tri-colour fries (GF)	3.75
Chip shop curry sauce	1.50
'Good for you greens' (GF)	2.95
Mash (GF)	3.00
Garden peas (GF)	2.00
Mushy peas (GF)	2.00
Gravy (GF)	2.00
Bread roll and real butter	2.00
Green or rocket salad (GF)	3.50

And for pudding	Price
Alabama fudge cake served with ice cream	5.95
New York cheesecake served with ice cream (GF)	6.95
Apple Crumble the old-fashioned way with lashings of creamy custard	5.95
Sticky Toffee pudding simply to die for with lashings of custard (VE)	6.95
Ice cream from the counter:	
1 scoop	2.00
2 scoops	4.00
3 scoops	6.00
(See the ice cream counter for flavours or ask one of the team)	

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